



SCHOOL OF PSYCHOTHERAPY & COUNSELLING PSYCHOLOGY

INNER CIRCLE PSYCHOTHERAPEUTIC CONVERSATIONS

Contemplative Psychotherapy

With Dr. Arthur Giacalone, direct from the USA

An introductory to intermediate continuing education course for psychologists, psychotherapists, psychiatrists, social workers and psychiatric nurses

A one day workshop: 6:00 pm – 8:00 pm

Wednesday 14 May 2008

(REGISTRATION STARTS AT 5:15 pm)

At Regent's College, Room H233

Course Description

Contemplative psychotherapy encourages and supports practitioners to cultivate "beginner's mind," to minimize preconceived ideas and to engage directly with their client's life experiences. In this workshop particular effort will be directed toward the development of therapeutic presence by embodying full unwavering attention, mindfulness, and trust in the integrity of uncontrived experience, empathic awareness and compassion. For client and therapist genuine transformation can be experienced by opening to and actualizing one's potential for a more fully awakened and embodied existence.

Goals

1. Introduce participants to the principles, metaskills and clinical objectives of contemplative psychotherapy
2. Describe the process of identification in human development and its contribution toward existential and psychospiritual suffering
3. Identify and experience the basic practice of mindfulness in the psychotherapeutic process
4. Describe and demonstrate the process of "inward searching"
5. Conduct experiential exercises to support didactic learning
6. Demonstrate the application of contemplative clinical methodology through case presentation

Benefit to Participants

Clinical model offers psychotherapists and clients a full range of in-depth, existential-humanistic and psychospiritual possibilities for exploring direct experience.

Dr. Giacalone is a clinical/consulting psychologist in private practice in Walnut Creek, California. He has been a provider of continuing education for the California Psychological Association Accrediting Agency for over 14 years and teaches internationally. Dr. Giacalone is the former chair of the Graduate School for the Study of Human Consciousness at John F. Kennedy University and is a co-founder and current Director of the Institute of Contemplative Studies. He serves as a consulting psychologist for organizations providing solution focused executive coaching, leadership assessment and development and mentoring.

IF YOU ARE INTERESTED IN ATTENDING THE EVENT

Please fill out the Application Form on the back of this flyer and post it with an enclosed cheque payable to **Regent's College** to Petros Tsiros, School of Psychotherapy & Counselling Psychology, Regent's College, Inner Circle, Regent's Park, London, NW1 4NS



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Application Form

CONTEMPLATIVE PSYCHOTHERAPY @ SPCP			
Dr. Arthur Giacalone at Regent's College			
First Name:			
Last Name:			
Regent's College Student / Staff ID#:			
Course & Year:			
Address:			
Post Code:			
Email address:			
Contact Telephone Number:			
TICKETS	Cost £	Number of tickets	Total £
Full Price Ticket	£100		£
Group Bookings discount on Full Price: (minimum 10 people) Group Bookings Deadline: 2 weeks before the event date	£90		£
Student & Staff Ticket Price Print Student / Staff Card Number above:	£80		£
On the Door Ticket (depending on availability)	£120		£
Make Cheques payable to: Regent's College	TOTAL AMOUNT £ →		£
Please post this form and cheque to: Petros Tsiros			
School of Psychotherapy & Counselling Psychology, Regent's College, Inner Circle, Regent's Park, London NW1 4NS			

Tickets are issued on a First Come First Served Basis

Maximum number of places is 40, so book early to guarantee your seat
From 6:00 pm – 8:00 pm – REGISTRATION STARTS AT 5:15 PM

For further information and bookings, please contact:

Petros Tsiros

Short Courses, Events & Conferences
School of Psychotherapy & Counselling Psychology
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Regent's College Website - www.regents.ac.uk

School of Psychotherapy & Counselling Psychology website - www.spc.ac.uk

Cancellation Terms & Conditions

All cancellations must be confirmed in writing 14 days before the event date.

All cancellations will incur a 25% non-refundable fee of the total amount

Any cancellations 13 days or less of the event date will incur a 50% non refundable fee of the total amount

Any cancellations 48 hours or less of the event date will incur a 100% non refundable fee of the total amount